

20 THINGS TO DO WITH MY PANTS!



This is a fun way to get the mental powers warmed up and works with all ages; I've even done this activity with business owners!

Basically, you pose the challenge of allocating at least 20 uses for pants. I find it quite ironic that no-one has ever come up with, "Wear them under your trousers" as their first idea.

You may wish to pose this challenge for individuals to think of as many as they can in, say, 5 minutes. On the other hand, you may want to have

groups to come up with ideas together; thereby promoting collaborative working.

Or, you may want to go even further and ask participants to reflect on their thinking as they came up with their ideas; thinking about thinking - metacognition.

Why leave it at pants? Any object will do - the funnier the better.

To your success!
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